

Inverness & District RAYNET Group
operations@inverness-ray.net 01463 791444

Operations Plan.

The generation of an operations plan is an iterative process. Initially the first five sections of this form should be completed, as far as possible, by an event organiser requesting RAYNET's assistance. The remaining sections will be completed by Raynet. A final copy will be supplied to the event organiser in advance of the event.

1 EVENT

Cape Wrath Challenges

Date: 20th May 2006

Organiser:

Lucy Mackay

Phone: 01971 511364

Address:

The Bungalow, Durine
Durness IV27 4PN

2 DESCRIPTION OF EVENT

Event Start Time: 07:30

Numbers of 120

Participants:

Finish Time: 14:00

The event is an extremely challenging marathon (26.2 m) on the Cape Wrath Peninsula. The race starts on the west end of the Keoldale Ferry and follows the road to the lighthouse and back, the competitors then cross by the ferry and follow the A838 to the finish at the Durness Village Hall. The race route which includes a climb of over 2,415 feet. Some competitors will be doing the marathon as part of a 3, 4 or 5 person team.

Check the event web site www.capewrathchallenge.co.uk for more details.

3 OVERVIEW OF EVENT SAFETY PLAN

Please provide details of proposed arrangements including how competitors are to be identified & counted, locations of any checkpoints, how any injuries are to be identified and managed.

Safety Officer:

Race Director

Location
(during event):

Village Hall

Contact via:

1) In situ

2) 01971 511755

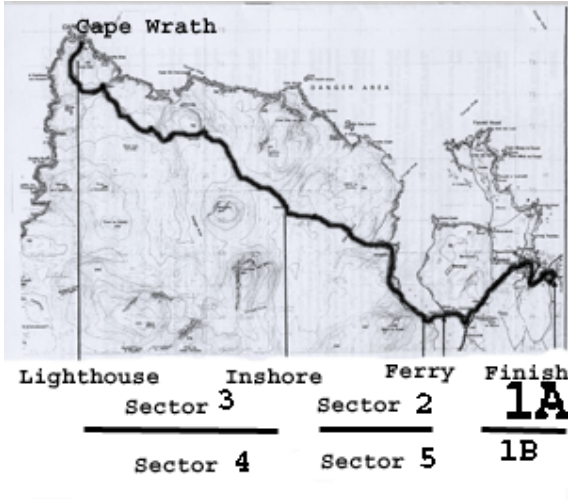
3) Via Raynet
07968 282704

Competitors will be identified with running numbers and carries a race registration card

Marshals will be based at both ferry sides, Vidette 1, Inshore, and the Lighthouse. There will be roving mobile marshals on quad bikes out on the course. They will keep an eye on runners and, in the event of anyone not being well or falling, can give them a lift to the

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nearest appropriate base. Coastguards and local medical practitioners are on standby. Only in the case of a medical emergency will any of the two Cape-side vehicles go out onto the course during the event.



First Aid in attendance?	Yes	Provider & contact:	Katy Kay, Durness Health Centre
Police in attendance?	YES	Contact:	PC David Ingles Rhiconich Police stn 01971 521222
Others	Coastguard alerted by organisers		
	Ambulance Service advised by RAYNET of operations.		SAS 01463 225200

4 OPERATIONAL RESTRICTIONS & RISKS

Please provide details of any restrictions on access to the event and/or area of operations. (Raynet operators all carry photo id) Any known risks should be highlighted.

Cape side will be off limits to general public during the event.

Access to Cape Wrath restricted by small passenger only ferry and then a minibus runs shuttle service to lighthouse.

Parking at Durness side of Ferry arranged for one RAYNET vehicle

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5 ROLE OF RAYNET

Raynet provides communication services. To assist we need to understand in what general area communication is required and specifically between which locations / event officials' communications is required.

Communications General

Radio communications will be provided throughout that peninsula area and to the event control (Durness) where we will work with the organisers and liase with the Race Director and other safety providers

Specific locations where RAYNET is required.

- 1 race control
- 2 ferry crossing (both ends)
- 3 Vidette 1
- 4 Inshore
- 5 Vidette 2
- 6 lighthouse

Note: Actual RAYNET deployment see Section 6.3

6 Communications Plan

Developed by: J Grieve GM00TI

Event Controller: Steve Scanlain GM1VAD

6.1 Overview

We are to operate two crossband units 1) *Faraid Head* - 145.225 to provide the link to Lighthouse and Vidette Two areas 2) *Keoldale Ferry* - 144.675 to provide the link to the other checkpoints.

We will deploy and test links from Faraid head to #6,7,8 on Friday evening

6.2 Frequencies & Technical Plan

VHF1:	User Access Frequencies	Main operating channels
	145.225	
	144.675	
VHF2:	144.775	Secondary channel if main blocked or unusable.
UHF1:	433.700	Common control access link
Talkthro; permit needed	No	Permit applied for on Permit received & number

